



Madness: It's Complicated

With John Herold, MA

Registration Required

**FREE
Speaking
Event**

Friday, January 12

10:30 am to 12:00 pm

FS Dubois Center

780 Summer Street, Stamford, CT

John Herold is a guest lecturer at Portland State University on alternatives to mainstream attitudes around unusual states of consciousness (what mainstream culture often calls "mental illness"), as well as responses to common assumptions in the field of psychiatry. John shares his personal story as a psychiatric survivor and offers insight into how fully buying into diagnostic labels can hypnotize our identities and shorten our lives. He also gives a brief introduction to the values of the International Hearing Voices Network. John is the founder and director of Puget Sound Hearing Voices, now in its third year of weekly meetings. In August he received an "Inspirational Person Award" by the International Hearing Voices Network. John recently earned his Master's in Process-Oriented Facilitation at the Process Work Institute.

Register Today: Seats Limited ~ First Come First Serve

Email: info@healthymindsct.org

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