



# CT's Crisis Supports

*24/7 hotlines for when you need help now*

Mobile psychiatric crisis: Dial 2-1-1, option 1

Kids in Crisis: 203-327-KIDS

Dial 911 & ask for CIT officer

Center for Sexual Assault hotline: 888-999-5545

Domestic Violence hotline: 888-774-2900

Substance Use Access Line: 800-563-4086

Problem Gambling Helpline: 888-789-7777

Smoking QuitLine: 800-QUITNOW

## **National:**

Crisis Text Line: Send text to 741741

Suicide Lifeline: 800-273-TALK

Law Enforcement Officers Hotline: 800-COPLINE