**SUICIDE IN SOUTHWEST CT**

<table>
<thead>
<tr>
<th>2017 Suicide Deaths per 100,000 people:</th>
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<tbody>
<tr>
<td>13.4 U.S.</td>
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<tr>
<td>10 Connecticut</td>
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<tr>
<td>7 Southwest CT</td>
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<tr>
<td>0-12 Range among towns in Southwest CT</td>
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**OUT OF 157 SUICIDE DEATHS IN SOUTHWEST CT BETWEEN 2016 AND 2018:**

- 80% White
- 70% Male
- 50.5 Average Age

**CT TEENS ARE AT HIGH RISK FOR SUICIDAL IDEATION AND ATTEMPT**

- 13.5% of CT high schoolers reported seriously contemplating suicide in 2017
- 8.1% had attempted suicide at least once
- 16.8% of girls
- 10.3% of boys

More than 1 in 5 teens identifying as LGBTQ attempted suicide.

Suicide is tied to mental illness in 90% of cases.

Up to 1/3 of drug overdose deaths are suicides.
1. Suicide has been rising within the state and nation, including among young children.

2. Children who lose a parent to suicide have a 4X higher risk of dying by suicide.

3. After a suicide, affected schools and communities should follow safe messaging and postvention protocols to avoid a contagion effect.

4. To learn about more info, go to: thehubct.org/suicide

**Crisis Resources:**
- CT's mobile crisis intervention service: Dial 2-1-1, option 1
- Crisis Text Line: Text 741741
- Trevor Project (LGBTQ suicide prevention): 866-488-7386
- Postvention resources: www.preventsuicidect.org
- Southwest CT Suicide Advisory Board: info@thehubct.org
- Contact us for suicide prevention trainings.