## In Celebration of Mental Health Awareness Month Rockwell Art and Framing Presents:

## **Expression** in Color

A Presentation by Artist and Art Therapist

Kathryn Fitzgerald, M.A., A.T.R., L.P.C.

Opening Reception: Sunday, May 20, 2018, 12pm-3pm Exhibition will run from May 10 through September 1, 2018

Sponsored by Mountainside Treatment Center

Artist and Art Therapist, Kathryn Fitzgerald along with Mountainside Treatment Center and Southwest Regional Mental Health Board are raising awareness about mental health!

"I find art to be a meditative process.

Through painting, I am able to place my energy and emotions onto canvas.

This is not only a passion but a journey of self-discovery."











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