

Suicide Facts & Figures:

Connecticut 2019 *



On average, one person dies by suicide every 22 hours in the state.

More than three times as many people died by suicide in Connecticut in 2017 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflect a total of 7,468 years of potential life lost (YPLL) before age 65.



Suicide cost Connecticut a total of **\$410,800,000** combined lifetime medical and work loss cost in 2010, or an average of **\$1,163,740 per suicide death.**

*Based on most recent 2017 data from CDC. Learn more at afsp.org/statistics.



leading cause of death in Connecticut

2nd leading

cause of death for ages 15-34

4th leading

cause of death for ages 35-54

8th leading

cause of death for ages 55-64

17th leading

cause of death for ages 65 & older

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Connecticut	405	10.46	45
Nationally	47,173	14.00	

Suicide Facts & Figures: Connecticut 2019

Suicide Prevention Programs and Initiatives

- Connecticut's suicide prevention initiatives are implemented through the Connecticut Suicide Advisory Board (CTSAB), of which AFSP is a member. The CTSAB is supported and co-chaired by the Department of Children and Families and the Department of Mental Health and Addiction Services and is funded through a Community Mental Health Services Block Grant.
- The CTSAB meets monthly for programmatic and strategic planning to address issues related to suicide across the lifespan; raises statewide awareness through the "1 Word 1 Voice 1 Life" website (www.preventsuicidect.org); links state and grassroots local efforts; promotes training capacity for evidence-based suicide prevention and intervention curriculums; and developed and is responsible for implementing The State of Connecticut Suicide Prevention Plan 2020 (<https://bit.ly/2T3fIAo>).
- Connecticut law requires school boards to provide an in-service training program on the prevention and response to youth suicide for certified teachers, administrators, and pupil personnel (§ 10-220a); requires the Department of Education to provide related annual training to school employees (§ 10- 222j); requires school board policies on youth suicide prevention (§ 10-221); requires candidates for professional teacher certification to complete a preparation program that includes information on suicide prevention (§ 10-145a) and beginning teachers to complete instructional modules in youth suicide prevention and response (§ 10-145o); and requires public school instruction programs to include mental and emotional health, including youth suicide prevention (§ 10-16b).
- Connecticut law (§ 7-294g) requires police basic training programs to include a course on the recognition and management of child abuse and suicide intervention procedures.

Get Involved

The **AFSP Connecticut Chapters** bring together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP Connecticut
connecticut@afsp.org

Become an Advocate

AFSP's Connecticut advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!